


LITTLE NINJAS - Ages 4-6 - 35 min.

<u>MONDAYS</u>	<u>TUESDAYS</u>	<u>WEDNESDAYS</u>	<u>THURSDAYS</u>
5:00-5:35	6:00-6:35	5:00-5:35	6:00-6:35
5:35-6:10		5:35-6:10	
6:10-6:45		6:10-6:45	

KUNG FU KIDS BEGINNERS- White, Gold, Orange- Ages 7-12 (Choose Two Days) - 45 min

<u>MONDAYS</u>	<u>TUESDAYS</u>	<u>WEDNESDAYS</u>	<u>THURSDAYS</u>
5:25-6:10	4:30-5:15	5:25-6:10	4:30-5:15
6:10-6:55	6:00-6:45	6:10-6:55	6:00-6:45

KUNG FU KIDS INTERMEDIATE & ADVANCED- Green, Blue, Purple, Brown, Red

<u>MONDAYS</u>	<u>TUESDAYS</u>	<u>WEDNESDAYS</u>	<u>THURSDAYS</u>
6:45-7:30	5:15-6:00	6:45-7:30	5:15-6:00

ADULTS / TEENS BEGINNERS- Ages 13 & Up

<u>MONDAYS</u>	<u>TUESDAYS</u>	<u>WEDNESDAYS</u>	<u>THURSDAYS</u>
7:30-8:10 extra	6:45-7:45		6:45-7:45

AULTS & TEENS INTERMEDIATE & ADVANCED-(All ranks attend Beginner Class)

<u>MONDAYS</u>	<u>TUESDAYS</u>	<u>WEDNESDAYS</u>	<u>THURSDAYS</u>
	6:45-8:30	7:30-8:10 extra	6:45-8:30

ADULTS & TEENS - BLACKBELTS

<u>MONDAYS</u>	<u>TUESDAYS</u>	<u>WEDNESDAYS</u>	<u>THURSDAYS</u>
	6:45-9:15		6:45-9:15

Black Belt Club
Kung Fu Kids

7:30-8:00pm (1st & 3rd Mondays)

Teens & Adults

8:00-9:00pm (1st & 3rd Mondays)

Saturday Open Class

Adults 9:00-9:50am

Kung Fu Kids 10:00-11:00am

Sparring Classes -KIDS

Sparring Prep -- NO GEAR (WHITE belts & Up):

1st Wed & Thurs of each month

during Beginner class

WEDNESDAY- 6:45 pm

THURSDAY- 4:30 & 6:10 pm

Sparring Matches WITH GEAR (GOLD belts & Up):

1st & 3rd Wed & Thurs of each month

during Int/Adv class

WEDNESDAY- 6:45 pm

THURSDAY- 5:20 pm

Sparring Classes- ADULTS

(Yellow & Up)

1st Thursday of each month- 7:45-8:45 pm

3rd Thursday of each month- 7:40-8:30 pm

Students are expected to:

- | | |
|---|---------------------------|
| 1) Arrive 10 minutes prior to scheduled class | 4) Make up missed classes |
| 2) Consistently attend class | 5) Wear required uniform |
| 3) Practice at home | 6) Always do your best |

**Ask about our birthday parties!!! Details on our website www.academyofkungfu.com

*** Follow us on Facebook "Trey Crake's Academy of Kung Fu"